



Pilots face specific issues that are particular to the profession that must be considered in the design of appropriate

assessment and treatment interventions for addiction issues. In fact, pilots probably work in the most scrutinized and regulated profession in the United States. The concern for public safety is the primary mission of the FAA, and there are many restrictions and rules that have a noteworthy impact on a pilot's career. These regulations are complicated, and only specially trained clinicians are able to help pilots navigate their way through this labyrinth.

The Addiction Treatment Program for Pilots at Talbott Recovery Campus addresses not only the medical, psychological and social aspects of the disease of chemical dependence but also the most efficient pathway for the pilot's return to work. The program is directed by senior clinicians who thoroughly understand the disease of addiction and the needs of the pilot, the company, and the FAA.

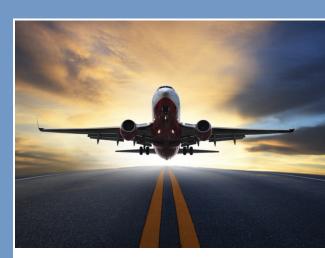
> Please call our Intake Department for more information. (800) 445-4232 or (770) 994-0185 5448 Yorktowne Drive Atlanta, GA 30349



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Addiction Treatment **Program for Pilots**

A place of new beginnings





We Assist in the

Transition Back to Work

We Understand the Needs of the Pilot

Assessment and Evaluation

Pilots who clearly meet medical or FAA criteria for requiring treatment for a substance use disorder may be referred directly to the treatment phase of care. In many instances, however, the data may support comprehensive assessment to determine the nature, scope and breadth of the issues. The assessment team, comprised of an attending physician, psychiatrist, neuropsychologist, aviation psychologist, physician assistant, nurse, and clinical coordinator, identify issues facing the pilot and provide diagnostic opinions and prescriptive treatment. The recommendations conform to FAA guidelines and specifications for diagnosis and care, which are essential to the pilot's ultimate return to the flight deck. Assessments are typically conducted across 72 hours, during which time the pilot receives a thorough physical examination including blood work, comprehensive psychiatric and addiction medicine assessments, and collection of data from various resources that allow for collaboration of the presenting concerns.

Central to the assessment process are the comprehensive neuropsychological and aviation psychology examinations. The pilot's performance is compared to aviation normative standards, which allows for a very strong opinion as to impact of the substances used upon the pilot's critical cognitive capacities. Once the above data are collected, the assessment team meets with the pilot and other interested parties and shares the results. A diagnosis, if supported by the findings, is discussed, and treatment recommendations are offered.

Staff

Our programs are facilitated by licensed master's level therapists and Board Certified Psychiatrists withexpertise in treating addiction and associated psychological problems.

Pilots Meet with Peers

Treatment Process

The Addiction Treatment Program for Pilots at Talbott Recovery Campus is designed to be completed in five weeks. The pilot is helped to identify clearly and concisely the problems and solution to substance use issues as well as enhancing personal and emotional assets to recovery. He or she is part of a community of other professional individuals who are experiencing similar problems and working toward a common goal.

For the pilot who has been flying in fear and isolation as a consequence of the illness, finding others with similar problems is reassuring. Pilots attend a Birds of a Feather meeting weekly, where they are surrounded by genuine peers.

Continuing Care

The process of designing appropriate continuing care plans begins on the day of the pilot's admission to treatment. These plans include referral to a Senior AME if needed, a professional monitoring group located as close to home as possible, individual and family counseling, an aviation psychologist, and any other specialist that may be needed. There is ongoing liaison with the pilot's employer, and, upon request, referral to a HIMS-qualified psychiatrist and psychologist. There is quick response to requests for the records required for the special issuance process.

Talbott Recovery is renowned for offering unsurpassed care by a knowledgeable and caring addiction treatment staff. We are dedicated to providing comprehensive addiction counseling to all patients, families and communities. Our addiction treatment staff strives to help each patient develop the skills necessary to enrich their lives.

Family Program

The Family Services Department at Talbott Recovery provides patients and families with support and education on the disease of addiction, cross addiction and the impact on the family. The Family Program is designed to assess the family's needs, educate about chemical dependence and offer ongoing family support during and/or after the patient's treatment. The Family Program is the first step many addicted families make towards healing.

Can I Regain My Professional Status?

Talbott Recovery's goal is to assist our patients in returning to work in their chosen profession providing it is safe for the patient and the public. Using the vast knowledge acquired by years of treating professionals, key members of each patient's treatment team offer expertise in licensure and employment issues. The

existing relationships we have with each state board and professional health program allows patients to have a smooth transition back to the work-



place upon completion of the Addiction Treatment Program for Pilots.

Insurance for Substance Abuse Treatment

Please call to speak with one of our specialists who will assist youwith getting the best utilization of any available insurance benefits.

Talbott Recovery Intake Department (800) 445-4232