



ADDICTION TREATMENT AT TALBOTT TRANSITIONAL LIVING

Talbot's Transitional Living Program provides a healthy, supportive, constructive and structured living environment for individuals who have completed a Talbot treatment program and want more accountability and guidance. Each resident is assisted with implementing the critical skills learned in addiction treatment into a successful, meaningful way of life in recovery.

Upon completion of the primary phase of addiction treatment, each patient needing more structure and time will transfer to the Transitional Living Program. Residents continue to live in a recovery community, go to 12-Step meetings daily, and participate in a Peer Support Group and community group therapy for addiction once a week. A Talbot staff member lives in the community and is available to monitor and assist with any problems or questions residents may have. All patients are required to follow rules and guidelines designed for transitional living. Each resident is required to work, be a volunteer, or go to school for at least 20 hours each week.

The transitional living community is a place to practice using the tools of addiction recovery and to focus on applying the 12-Steps to solve every day problems while living with other recovering individuals. Honesty (behavioral and emotional) is the foundation of a durable recovery. When combined with openness to direction and experience of others, and the willingness to follow suggestions, a strong foundation for individual recovery and a stronger community is developed.

Talbot Transitional Living program is another step in the recovery process to providing every opportunity for a healthy and happy recovery.