



TALBOTT Dunwoody offers a comprehensive range of services. We use a variety of therapeutic approaches including: 12-Step recovery, cognitive/behavioral therapy, and psychodynamic psychotherapy to those 18 and older. We address both substance use disorders and associated psychological problems. Our treatment philosophy and practices are based on over 35 years of highly successful and effective treatment experiences.

Talbott has thousands of alumni from all across North America who successfully completed our programs and are living happy and productive lives. You too can have this clinical experience by first calling for a professional assessment.

TALBOTT Dunwoody is in network with most major insurance plans. Please call our Intake Department for more information.

(800) 445-4232 or (770) 994-0185
2153 Peachford Road
Atlanta, GA 30338

http://www.talbottrecovery.com/map_dunwoody.php

TALBOTT Dunwoody is a tastefully designed and decorated facility, tucked away in a wooded setting just a few blocks north of I-285. We are easily accessed from either the Shallowford Road or North Peachtree Road exits off I-285.



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Atlanta, GA 30338
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Day Treatment Program
Intensive Outpatient Program
Young Adult Program

A place of new beginnings

Day Treatment Program

Offering a 30-day Program

Program Content

Each patient receives an individualized treatment plan designed to address issues specific to them. Some examples of our treatment modalities are:

- Medical and psychological evaluation
- Spiritual groups
- Process groups
- Patient education series
- Recovery skills training
- 1st, 2nd, and 3rd step education and integration practice
- Dialectical Behavior Therapy (DBT) skills training
- Individual sessions with case manager
- Family therapy
- Weekly sessions with a physician
- Random drug screens
- Comprehensive continuing care planning

Candidates for our program

TALBOTT's Day Treatment Program is designed for individuals 18 years of age and older who are struggling with substance use disorders and associated psychological problems. Patients may reside at home or in a nearby recovery residence while in treatment.

Programming Hours

Monday—Friday 8:45 a.m.-3:30 p.m.

What if 30-Day Treatment at our Dunwoody facility is not enough?

TALBOTT Dunwoody services are designed to compliment, and easily integrate into, our traditional 90-day program at our main campus, if clinically indicated. Treatment recommendations are based on the clinical assessment of the patient and his/her progress in the program.

Intensive Outpatient Program

Individualized Treatment Plans

Program Content

Each patient receives an individualized treatment plan designed to address issues specific to them. Some examples of daily skills training topics are: managing cravings and triggers, drug refusal skills, anger and anxiety management, effective communication, and relapse prevention. Group therapy facilitates patients' ability to process painful emotions related to life events and using behaviors with the support of peers and trained clinical staff.

Candidates for our program

TALBOTT's Intensive Outpatient Program (IOP) is designed for people struggling with substance use disorders and associated psychological problems who need to continue working while in treatment, or may have other extenuating circumstances prohibiting them from attending a full day treatment program.

What if the Intensive Outpatient Program is not enough?

TALBOTT Dunwoody also offers a Day Treatment Program (PHP) which can provide a higher level of care for patients who are unable to maintain abstinence at an IOP level of care. The TALBOTT programs are designed to facilitate seamless transition between programs when clinically indicated. Multiple programs and levels of care enable us to meet the patient at their level of need.

Programming Hours

Daily IOP Program Schedule:

Daily Schedule:

Monday-Friday: 8:45a-12:30p

Evening Meetings:

Tuesdays: 6:15-7:15p, Wednesdays: 5:00-6:15p

Evening IOP Program Schedule:

Daily Schedule:

Monday-Thursday: 6:00-9:00p, Saturday: 9:00a-12:00p

Young Adult Program

A Six-week Treatment Program

Program Content

Each patient receives an individualized treatment plan designed to address issues specific to them.

Some examples of our treatment modalities include:

- Spiritual groups
- Step groups
- Addiction education/recovery skills training
- Process groups
- Dialectical Behavior Therapy (DBT) skills group
- Yoga
- Family support group
- Family assessment and family therapy
- Peer support group

Once the day treatment phase is complete, patients usually step down to our intensive outpatient phase, based upon their clinical progress. This allows patients to resume school or work.

Recovery residences are available for those needing a clean supportive living environment while in the treatment program.

If residing in our recovery residences during treatment, all patients will attend scheduled community meetings and activities.

Programming Hours

Monday—Friday 8:45 a.m.-3:30 p.m.

Staff

TALBOTT Dunwoody's programs are facilitated by licensed master's level therapists and Board Certified Psychiatrists with expertise in treating addiction and associated psychological problems.