



1200 Brookstone Centre Parkway  
Suite 210

Columbus, GA 31904

(800) 445-4232 or (706) 341-3600

[www.talbottrecovery.com](http://www.talbottrecovery.com)

**Day Treatment Program**  
**Intensive Outpatient Program**

*A place of new beginnings*

### *Offering Day Treatment...*

#### **Our Approach**

The TALBOTT Columbus Day Treatment and Intensive Outpatient Programs offer a comprehensive range of services through our 30-day treatment programs. We use a variety of therapeutic approaches including: 12-Step recovery, cognitive/behavioral therapy, and psychodynamic psychotherapy to those 18 and older. We address both substance use disorders and associated psychological problems. Our treatment philosophy and practices are based on over 35 years of highly successful and effective treatment experiences and the programs developed in our traditional 90-day program at the TALBOTT RECOVERY CAMPUS in Atlanta.

Talbott has thousands of alumni who successfully completed our programs and are living happy, productive lives. You too can have this clinical experience by first calling for a professional assessment.

#### **Program Content**

Each patient receives an individualized treatment plan designed to address issues specific to them. Some examples of our treatment modalities are:

- Medical and psychological evaluation
- Spiritual groups
- Process groups
- Patient education series
- Recovery skills training
- 1st, 2nd, and 3rd step education and integration practice
- Individual sessions with case manager
- Family therapy
- Weekly sessions with attending physician
- Random drug screens
- Comprehensive continuing care planning

### *and Intensive Outpatient*

#### **Candidates for our program**

TALBOTT's Day Treatment and Intensive Outpatient Programs are designed for individuals 18 years of age and older who are struggling with substance use disorders and associated psychological problems.

#### **What if Day Treatment is not enough?**

TALBOTT Columbus services are designed to compliment, and easily integrate into, our traditional 90-day program at our main campus, if clinically indicated. Treatment recommendations are based on the clinical assessment of the patient and his/her progress in the program.

#### **Staff**

Our programs are facilitated by licensed master's level therapists and Board Certified Psychiatrists with expertise in treating addiction and associated psychological problems.

#### **Programming Hours**

##### *Day Treatment*

Monday - Friday 8:45 a.m. - 3:30 p.m.

##### *Intensive Outpatient Treatment*

Monday - Friday 8:45 a.m. - 12:30 p.m.

#### **Insurance**

TALBOTT Columbus is in network with most major insurance plans. Please call our Intake Department for more information at (706) 341-3600.

#### **Location**

TALBOTT Columbus is conveniently located on the north side of the city, approximately two miles off I-185 South at Exit 10.